Sail & MTB Scotland Standard

(7 DAYS/6 NIGHTS, CA.188 KM, 1660 HM)
LEVEL 1-2

Exploring Scotland by mountain bike while sailing the seas on board a tall ship is a unique combination of travelling, discovering and active holidaying. It is almost as though Scotland was made for mountain biking. The diversity of mountains and hills, vast plains, beautiful lakes and lush green forests with breath-taking views is what has made Scotland one of Europe’s biking hotspots for such a long time. In this incredible landscape we will discover the most beautiful paths from single trails of various difficulty levels to spectacular nature tracks.

Oban will be the start and end point of our trip. Enjoy the wild nature of Scotland with its vibrant colours and rich biodiversity. Make sure to keep an eye out for dolphins and seals during our crossings on the Flying Dutchman as we sail past the extraordinary, Scottish landscape. Bike across the island of Mull, one of Scotland’s most spectacular scenic areas, still largely untouched by tourism. The MTB World Cup in Fort William is yet another highlight of the trip.

The Flying Dutchman will be our floating home for this unique MTB week. Relax on deck, enjoy the crossings between bike tours and indulge your palate in traditional Scottish cuisine. Treat yourself to a glass of whisky at a pub in the evening and listen to Scottish music; sounds we will be sure to encounter everywhere we go.
ITINERARY

1ST DAY (MON)

Oban (Embarkation)

The journey begins with individual flights to Edinburgh or Glasgow and from there a bus or train to Oban. The cabins on the Flying Dutchman will be ready from 6pm. Should you arrive early, you are welcome to store your luggage on board until check-in. We also offer a group transfer from Edinburgh city centre at 5.30pm, Edinburgh airport at 6pm or from Glasgow (Buchanan bus station or Glasgow airport) at 6pm. A late dinner on board will give you the opportunity to get to know the crew and guides.

2ND DAY (TUE)

Island of Mull: Fischnish – Tombermory
(aprx. 23 mi./37 km, 1,280 ft./390 m of elevation)

Our day will begin with a sail on board the Flying Dutchman from Oban to the beautiful island of Mull, the third largest island in western Scotland. There will be plenty of time to enjoy stunning views of the rugged, mountain landscape between Morvern and Mull and along the way we will pass an extraordinary sight; the beautifully restored Duart Castle. After lunch we will reach our first destination of the day; Fischnish. Today’s tour is all about the impressive nature that Scotland has to offer. From Fischnish there are several possible routes to Tobermory each one offering beautiful trails on mostly asphalt and gravel roads. On route we are sure to see sheep and shaggy Highland cattle grazing in the lush pastures. The Flying Dutchman will be waiting for us in the picturesque village of Tobermory. In this pretty little village with its colourful facades there will be plenty of opportunity to visit an authentic Scottish pub and to try the national dish, fish ‘n’ chips, or to taste of the famous Haggis.

3RD DAY (WED)

Lochaline – Loch á Choire (aprx. 28 mi./46 km, 1,445 ft./440 m of elevation)

A three hour crossing through the Sound of Mull will take us to Lochaline where we will leave the ship to begin the day’s diverse bike tour. The north-western tip of Movern has been left mostly undiscovered by tourists and is perfect for a quiet MTB tour through the vastness of Scotland. We will bike mostly on asphalt roads and nature trails through this breath-taking region overlooking the lake landscape of Loch Sunart and Loch Linnhe.

4TH DAY (THU)

Ballachulish – Fort William (aprx. 34 mi./55 km, 1,280 ft./390 m of elevation)

After breakfast a stunning dinghy ride will bring us ashore for another bike tour. We will begin the day’s tour in Ballachulish, a tranquil village on the west coast of Scotland. There are spectacular views along the route which will lead us predominantly along Loch Linne and Loch Leven. After this, a ferry will take us to Fort William. Here we will continue our bike tour on mostly asphalt side roads. The Flying Dutchman will be waiting for us in Fort William, where we will be able to round off our day in cosy surroundings.
5TH DAY (FRI)

Round tour: Fort William and Ben Nevis
(aprx. 31 mi./50 km, 1,445 ft./440 m of elevation)

Today’s bike tour, which will lead us around the Fort William area, will have a historical focus as we ride from one highlight to the next. We will cycle to the ruins of Inverlochy Castle and along the Caledonian Canal with its Neptune’s Staircase: a staircase lock with a total of 8 locks making it the longest lock complex in Great Britain. The impressive Ben Nevis, Scotland’s and Britain’s highest mountain at height of 1,345 meters, dominates the area. We will be spoilt time and time by the breath-taking views offered on this spectacular yet moderate bike ride.

6TH DAY (SAT)

MTB World Cup in Fort William

Today we will have the opportunity to watch the spectacular Mountain Bike World Cup in Fort William. We will experience a full day at the MTB event of the year: admire the riding skills of the world’s best mountain bikers in one of the most beautiful areas of Scotland. At the end of the day, we will sail with the Flying Dutchman back to Oban, where there will be time to look around the town before dinner. The McCaig’s Tower, a never completed replica of the Colosseum in Rome, is well worth a visit. If one day at the Mountain Bike World Cup was not enough and you would like to go to the second day of the competition, you will have the opportunity to take a bus back to Fort William on Sunday.

7TH DAY (SUN)

Oban (Disembarkation) and return home

After breakfast it will be time to make your way back home individually or to take the shared transfer to Glasgow.
Flying Dutchman (Tallship)

Year of construction: 1903 | Year of complete rebuilding: 2004
Size of boat: 39 x 6,5 m | Number of cabins: 10 guest cabins
Bathroom features: Tiled, all-in-one showers, wash-basins and toilet
Cabin equipment: Air conditioning, mirror | Service: Fresh towels at mid-week
Special on board features: 2 masts with sails, quiet generator
Embarkation harbour: Oban/Scotland
PRICE & ACCOMPLISHMENTS

Basic tour price per person (in a standard twin cabin below deck)
- 975 euro (Tallship Flying Dutchman)

Included services
- 7-day cruise on a tallship with crew
- 6 nights in a standard twin cabin below deck with shower/toilet
- 5 x full board incl. lunch packages & 1 x half board (dinner ashore on own expense)
- Guided MTB tours as described in itinerary
- Dinghy transfers between boat and land
- Overview maps for the daily bike tours on board
- Bed linen and towels
- English speaking tour guide

Additional optional services (on request)
- Standard PLUS twin cabin (larger cabin), surcharge: 100 euro/person (limited)
- Shared twin cabin can (to share with same-sex cabin partner)
- Twin cabin for single use, surcharge: 410 euro (limited)
- Rental bike: Hardtail MTB: 120 euro/bike/week (to be paid on site to the captain)
- Insurance against theft and damage of the rental MTB: 20 euro/bike/week
- Collective transfer (days of embarkation and disembarkation only)
  - between Glasgow and Oban: 40 euro/person/way
- Tickets for MTB worldcup Fort Williams (to be paid on site to the captain)
Not included in the base tour price

- Journey to Scotland
- Drinks on board – flat rate for beverages (incl. drinking water for bicycle tours): 60 euro/person (to be paid on site)
- Meals and beverages ashore
- Entrance fees to museums and sights
- Tips for crew and tour guides

Discounts

- Children up to age 16 receive a discount of 25 % on the basic tour price (not combinable with any other discount).
## DATES & BOOKINGS

<table>
<thead>
<tr>
<th>Date</th>
<th>Ship</th>
<th>Start City</th>
<th>End City</th>
<th>Base price</th>
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<tbody>
<tr>
<td>01.06 .20 - 07.06 .20</td>
<td>Flying Dutchman</td>
<td>Oban</td>
<td>Oban</td>
<td>975 €</td>
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**Embarkation harbour Oban in Scotland**

If you arrive individually, you will find the Flying Dutchman in Oban at the North Pier. On the day of embarkation you can bring your luggage on board from 15 o’clock. The cabins are ready for occupancy from 18 o’clock. Officially, your journey begins with dinner as soon as the guests arrive with the transfer from Glasgow.

**Arrival by plane to Glasgow**

London (Gatwick, Heathrow and Stansted), Amsterdam, Frankfurt and Paris have the best international flight connections to Glasgow. Most UK airports have regular connections to Glasgow.

To search and book a suitable flight you can use the website [www.opodo.com](http://www.opodo.com).

**Transfers between Edinburgh and boat and return**

On the day of embarkation and disembarkation we offer you collective transfers between Glasgow and Oban for a fee of 40 Euro/person/route (payable in cash to the captain on the spot):

- Embarkation day: 5 p.m. from Buchanan Bus Station in Glasgow to Oban
- Disembarkation day: 8 a.m. from Oban to Buchanan Bus Station in Glasgow

From Glasgow Airport there is a public bus service to Buchanan Bus Station at regular intervals.

For all collective transfers a reservation is required, specifying the flight details:
- Arrival date and departure date
- Departure or destination airport, airline and flight number
- Estimated arrival or departure time

Please inform us in good time before departure of any changes in flight time at short notice.

For all transfers please contact our office team:
Email: info@inselhuepfen.de
Phone: +49 (0)7531 361860
It is also possible to travel by car to Oban.

If you plan to travel by car you may use the following link to get an impression of the current traffic on the roads in the UK: [www.frixo.com](http://www.frixo.com)

Please note, as well as whilst cycling, that in Scotland as well as on the whole island, traffic flow is on the left hand side.

**The following speed limits should be noted:**

- Freeway 75.8 mi/h (122 km/h)
- Highway 60.9 mi/h (98 km/h)
- Urban areas 29.8 mi/h (48 km/h)

**Parking in Oban**

Oban is well served with car parks, however, there are no **FREE car parks** (nor free long term car parks).

But the council do allow overpayment at Longsdale Rd. and Lochavullin Rd. For both possibilities, we recommend to drop off your luggage at the ship and to park your car afterwards. The parking spaces are in a aprx. distance of 0.93 mi (1.5 km) to the ship.

Another possibility is to make alternative arrangements like parking away from the town centre or to use a private parking service such as Stoddarts or MacQueens who both offer secure long term car parking.

Please call directly at (see below) to make private arrangements:
+44 (0)1631 564176 (Stoddarts)
+44-(0)1631 56484 (MacQueens)
[www.justpark.com/uk/parking/oban-station/](http://www.justpark.com/uk/parking/oban-station/)