

MTB & BOAT

## Sail & MTB Tuscany · Italy

### Route

from St. Stefano / to St. Stefano

### Duration

8 days / 7 nights

### Distance

approx. 165 km

### Level 2 - 3



### Tuscany by MTB and boat: the perfect all in one cycling holiday

Cypress trees, vineyards and olive groves decorate the rolling hills, characteristic of Tuscan landscape. This beautiful Italian region is one of the best places in the world for mountain bikers to indulge their passion. Names such as Elba, Giglio, Monte Argentario and the Maremma region are all sure to get avid mountain bikers listening. The home of various Enduro events with flow trails and shaped lines as well as numerous technical passages makes the area the perfect place for a mountain bike holiday. All this along with an expert local guide who knows the trails like the back of their hand. The Atlantis with her giant sails provides a true seafaring experience while the Italian Dolce Vita is the frosting on top.

TO NOTE: This tour takes place prallel to our regular Bike [&] Boat Tour on the same boat. This is perfect for travellers who wish to spend their holiday together, but do not share the same riding preference.



# Itinerary

## **1st Day (Sat) Porto Santo Stefano (Embarkation)**

Individual arrival in Porto St. Stefano, a wonderful, lively harbour town on the northern side of the Monte Argentario peninsula. The boat is ready to be boarded at 6 pm. Should you arrive earlier, you are welcome to leave your luggage on board from 2 pm onwards. A short stroll through the medieval old town, painted in a wash of pink and beige, will quickly make you realize that you are now on holiday! We recommend a walk to the Fortezza Spagnola on the hill above the old town, built in the 17th century to protect the city. The first evening meal on board is a great way to get to know your fellow travellers, guides, and crew. Overnight in Porto St. Stefano.

## **2nd Day (Sun) Monte Argentario Peninsula – Talamone (approx. 16 mi./25 km, approx. 2,295 ft./700 m of elevation)**

Our first bike tour takes us from Porto St. Stefano along a coastal road before we begin our climb up to Monte Argentario. Once at the top, we are rewarded with an incredible view over the peninsula and the three thin strips of land which now connect what was previously an island to the mainland. However, our real reward is the descent down the 'Madonnina Trail' back to the sea. After our descent we return to the Atlantis and set sail for Talamone.

## **3rd Day (Mon) Talamone - Maremma National Park - Talamone (approx. 18 mi./30 km, approx. 2,788 ft./850 m of elevation)**

Die heutige Tour führt Sie in einer Runde durch den Maremma Nationalpark. Der Eingang zum Nationalpark ist ein echtes landschaftliches Kleinod und liegt direkt am Fuß der Hügelkette gleich hinter dem Hafenort Talamone. Viel unberührte Natur, kristallklares Meer und tolle Trails erwarten Sie! Im Anschluss geht's zurück zur Bucht von Talamone, die von Kite- und Windsurfern sehr geschätzt wird. Vor dem Abendessen an Bord lädt Sie Inselhüpfen zu einer Weinprobe typischer Weine der Toskana ein.

## **4th Day (Tue) Castiglione della Pescaia - Island Elba, Cavo (approx. 19 mi./30 km, approx. 2,460 ft./750 m of elevation)**

The morning is spent sailing to Elba. Along the way you can get an introduction to sailing in favourable winds and help sail the ship. Elba is the third largest island in Italy after Sicily and Sardinia and impresses with its charm, lush nature, and rich history. After a light lunch on board, we go ashore. In the afternoon, we head to the Bikepark Capoliveri at Monte Calamita, where the 1994 MTB World Cup took place. Look forward to fantastic varied single trails in a breathtakingly beautiful landscape. In the evening, there is plenty of time to visit the charming harbour town of Porto Azzuro.

## **5th Day (Wed) Porto Azzuro – Cavo (approx. 16 mi./25 km, approx. 1,640 ft./500 m of elevation)**

From Porto Azzuro we bike to the northeast of the island of Elba. After the coffee break in Rio nell' Elba we enjoy partly flowing and partly demanding downhill to the coastal road to Cavo. After lunch on board we sail to the beautiful bay of Enfola, where there is still time for a swim or for a hike to Monte Enfola with its more than one-hundred-year-old Italian Navy artillery positions.

## **6th Day (Thu) Patresi – Marina di Campo (approx. 19 mi./30 km, approx. 2,295 ft./700 m of elevation)**

Today the queen's stage awaits us! We bike across the island, first visiting the mountain villages of Marciana before climbing to the highest point of the tour at Monte Perone. From there we cycle along built trails and then head downhill on challenging hiking trails to the village of San Piero in Campo, where we can enjoy a wonderful lunch with a view down to our ship before we continue on our final descent to Marina di Campo. Once back on the ship there is plenty of time for a refreshing swim directly from the boat. Afterwards, the sails are set, and we head for Isola Giglio, an island located in the very south of the Tuscan Archipelago. This Italian jewel is home to mountains, forest, untouched nature, and crystal-clear sea!

**7th Day (Fri) Island Giglio – Porto St. Stefano (approx. 16 mi./25 km, approx. 2,624 ft./800 m of elevation)**

Giglio has the most beautiful, but also the most technically demanding trails of this Islandhopping tour. Even the very best will find a challenge here. Less experienced bikers have time to visit the medieval fortified town of Castello di Giglio with its labyrinth-like alleyways. Enjoy the last cruise on board the Atlantis as we set sail in the direction of Porto St. Stefano. A celebratory evening meal in the company of fellow travellers, crew, and guides offers a great atmosphere in which to enjoy the last evening together reminiscing about the week.

**8th Day (Sat) Porto St. Stefano (Disembarkation)**

Departure at 9 am after breakfast followed either by an extended stay in Tuscany or an individual journey home.



## Atlantis · Tall Ships

### Port of Embarkation

from Porto St. Stefano / from Kiel

### Size

57 m x 7.45 m

### Capacity

16 cabins, 32 beds

## Special Features

### Year of construction

1905 – last reconstruction: 2005

### Cabin features

A/C, central heating, bathroom, shower, washbasin and WC

### Beds

2 ground level twin beds per cabin

### Service

mid-week towel change and basic tidy

### Extras

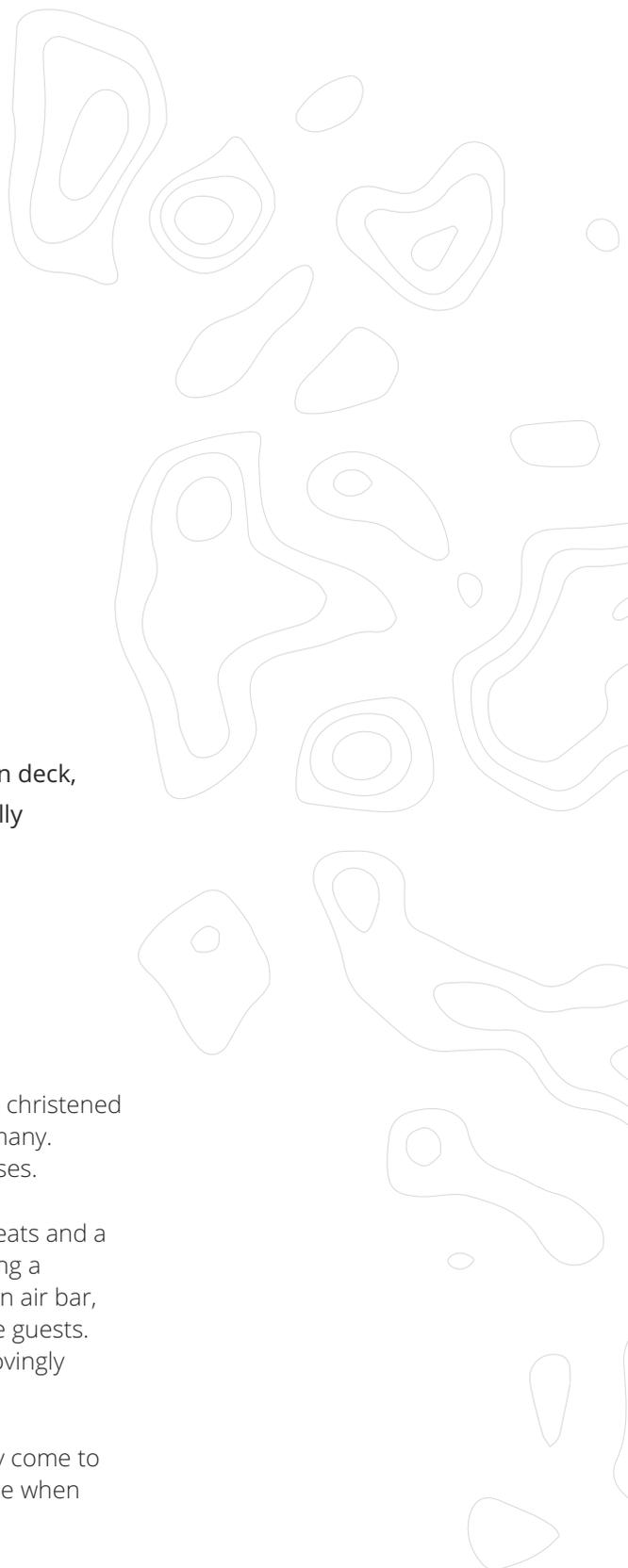
3 masts with sails (750 m<sup>2</sup> sail surface), quiet generator, sun recliners on deck, large tables and benches on deck, spacious and comfortable saloon, fully functional sailing boat

## Atlantis

The Atlantis is a guaranteed eye catcher in every harbor. Built in 1905 and christened Elbe 2, the Atlantis served faithfully as a light vessel in the North Sea, Germany. Afterwards she was elaborately restored as a tallship for passenger cruises.

The renovation featured a classy salon, a spacious upper deck including seats and a cocktail bar as well as 16 comfortable air conditioned guest cabins including a shower and WC. A true highlight and centerpiece of the Atlantis is the open air bar, where the dedicated crew conjure creative beverages and cocktails for the guests. Mealtimes are typically served on deck, as there is nothing better than a lovingly prepared dinner outdoors on a Tallship at sunset.

The unique charm and atmosphere on board this incredible tall ship really come to life through the lively character of the crew. Their smiles are especially wide when eager guests show interest in taking part in the setting of sails.



# Dates, Prices & Services

## Included services

- 8-day-trip on a tallship with crew
- 7 nights on a tallship in a standard twin cabin with shower/toilet
- 7 x halfboard
- Guided or individual cycling tours as described in itinerary
- Overview-maps for the daily tours (on board)
- Entrance into the Parco Natuale della Maremma
- Bed linen and towel (incl. change of towel once a week)
- English and German speaking tour guide

## Not included in the basic tour price

- Journey to Porto St. Stefano (Monte Argentario Peninsula)
- Beverages on board (tally sheet, to be paid to the captain)
- Meals and beverages ashore
- Entrances not mentioned in the itinerary
- Tips for tour guides and crew

## Additional services 2022

Shared twin cabin (limited)

Prices on request

Single cabin  
(limited)

700 euro surcharge

Rental bikes (limited)

Fully MTB: 240 euro/week  
Fully E-MTB: 300 euro/week  
Hybrid-Bike: 80 euro/week  
E-Bike: 180 euro/week

Insurance against theft and damage of the rental bike  
(Not insured: grossly negligent damages)

Fully MTB & E-Bikes: 20 euro/week  
Hybrid Bike: 10 euro/week

## Discounts

- Children up to age 16 receive a discount of 25 % on the basic tour price (not combinable with other discounts).
- Early-Bird discount: receive a 5% discount on the tour base price if your booking reaches us before the 31.01.2022 (combinable with the SEA-YOU-AGAIN discount).
- SEA-YOU-AGAIN discount: all guests booking the third or more tour directly over Islandhopping will receive a 5% discount on the tour base price if your booking reaches us before the 31.01.2022 (combinable with the Early-Bird discount).

# Dates

<b>Date</b>	<b>Accommodation</b>	<b>Start City</b>	<b>End City</b>	<b>Base Price</b>
04.09.2021 – 11.09.2021	Atlantis	Porto St. Stefano	Porto St. Stefano	1.690,00 €
11.09.2021 – 18.09.2021	Atlantis	Porto St. Stefano	Porto St. Stefano	1.690,00 €
25.09.2021 – 02.10.2021	Atlantis	Porto St. Stefano	Porto St. Stefano	1.690,00 €
14.08.2021 – 21.08.2021	Atlantis	Porto St. Stefano	Porto St. Stefano	1.690,00 €
17.09.2022 – 24.09.2022	Atlantis	Porto St. Stefano	Porto St. Stefano	1.790,00 €
24.09.2022 – 01.10.2022	Atlantis	Porto St. Stefano	Porto St. Stefano	1.790,00 €
01.10.2022 – 08.10.2022	Atlantis	Porto St. Stefano	Porto St. Stefano	1.790,00 €

# Arrival

## Port of embarkation – Porto St. Stefano

The embarkation harbour for our Highlights Tuscany tours is Porto St. Stefano. Boarding the boat takes place at 6 pm. Should you arrive earlier, you are welcome to leave your luggage on board from 2 pm onwards.

With a short stroll through the medieval old town, painted in a wash of pink and beige, you will quickly realize that you are now on holiday.

## Arrival by plane

Arrival by plane is the fastest, cheapest and most comfortable way to travel to Italy. Porto Santo Stefano is connected with following airports:

- Airport Rome Fiumicino (FCO): 118 Km
- Airport Pisa (PSA): 202 km.

Your flight can be organized once we have confirmed that your journey is taking place.

## Airport Rom Fiumicino (FCO) – Porto Santo Stefano

### Option A

Flixbus from Airport FCO to Grosseto aprx. 2:10 h, continue by train to Orbetello aprx. 40 min: [More Details](#)

and then per local bus from Orbetello – Porto St. Stefano aprx. 20 min: [More Details](#)

### Option B

Train from Airport FCO to Roma Termini 32 min (10-15 euros): [More Details](#)

Bus from Airport to Roma Termini 45 min (4-5 euros): [More Details](#)

Shuttle from Airport to Roma Termini 1 h (6-8 euros): [More Details](#)

- continue by train to Orbetello 2 h (10 – 25 euros)
- continue by local bus from Orbetello – Porto St. Stefano aprx. 20 min [More Details](#)

### Option C

By private transfer: from 250 euros/car/one way, approx. 2 hours travel time: [More Details](#)

## Airport Pisa (PSA) – Porto Santo Stefano

By public transport:

Shuttle train from Airport PSA to Pisa Centrale 5 min (from 1,10 euros), between 6.53 a.m. and 9.03 p.m.: [More Details](#)

– continue by train from Pisa Centrale to Orbetello (Monte Argentario): approx. 2 hours, from 16,10 euros: [More Details](#)

– continue by local bus from Orbetello – Porto St. Stefano approx. 20 min: [More Details](#)

By private transfer:

from 250 euros/car/one way, aprx. 2 hours travel time: [More Details](#)

Please note: All fare prices are on a 2018th basis. All information is supplied without guarantee.