

SAIL & BIKE

## Highlights of Tuscany · Italy

### Route

from St. Stefano / to St. Stefano

### Duration

8 days / 7 nights

### Distance

approx. 185 km

**Level 5** / 5



### Experience la dolce vita: Sail and bike in beautiful Italy

There is much to look forward to on this Sail & Bike tour through Tuscany, as you cycle in the footsteps of the Etruscans, enjoying the Italian 'dolce vita'! The cypress, vineyards, and olive trees that cover the rolling hills characterize the typical Tuscan landscape. Picturesque medieval towns with small, cobbled streets and colourful houses invite curious visitors to linger. Sandy beaches and remoted bays beckon for a swim in the glistening water. The Atlantis as our floating home for the week allows for a carefree travel experience, sailing with us from one place to the next. Her giant sails create a true seafaring ambience. Tuscany by Sail & Bike is the perfect all-round holiday for bike lovers.



# Itinerary

## **1st Day** Arrival in Porto Santo Stefano (Embarkation)

Individual arrival in Porto St. Stefano, a wonderful, lively harbour town on the northern side of the Monte Argentario peninsula. The boat is ready to be boarded at 6 pm. Should you arrive earlier, you are welcome to leave your luggage on board from 2 pm onwards. A short stroll through the medieval old town, painted in a wash of pink and beige, will quickly make you realize that you are now on holiday! We recommend a walk to the Fortezza Spagnola on the hill above the old town, built in the 17th century to protect the city. The first evening meal on board is a great way to get to know your fellow travellers, guides, and crew. Overnight in Porto St. Stefano.

## **2nd Day** Monte Argentario - Talamone (aprx. 40 km/200 Hm)

Our first bike tour takes us from Porto St. Stefano to the historic town of Orbetello. With a little bit of luck, we will have the chance to admire the spectacular flamboyance of flamingos in the WWF natural oasis Laguna di Orbetello. Afterwards our cycle tour leads to the ruins of the fortified Roman town of Cosa and then through the Duna Feniglia nature reserve, with its enchantingly beautiful pine forest. The tour continues predominantly along cycle paths back to Porto Santo Stefano where the Atlantis awaits our arrival for a crossing to Talamone.

## **3rd Day** Talamone – Porto Azzurro (Sailing Day)

After breakfast, it's time for a sailing voyage! A long crossing to Elba awaits us. If the winds are favourable, guests receive a briefing on sailing and can help set sail together. After Sicily and Sardinia, Elba is the third largest island in Italy and it impresses with its charm, lush nature and rich history. Lunch will be served on board and guests have time for a swim before we arrive in the sheltered bay of Porto Azzurro. In the evening, you can explore the charming harbour town.

## **4th Day** Porto Azzurro – Capoliveri – Porto Azzurro (aprx. 28 km/ 400 Hm)

Today's tour of the multi-faceted island of Elba takes us to the lively town of Capoliveri, where we soak up the Italian charm and enjoy a delicious ice cream and coffee. The tour continues along a beautiful panoramic road, followed by a lunch break, before taking us back to Porto Azzurro. In the evening, island hopping invites us to a wine tasting.

## **5th Day** Porto Azzurro – Enfola Bay (aprx. 40 km/600 Hm)

Today we can look forward to a somewhat longer tour from Porto Azzurro to the north of the island of Elba. After a coffee break in Rio nell' Elba we head to one of the most beautiful viewpoints of the trip. From Voltereio we can look out over the beautiful bay of Portoferraio, the capital of the island. After lunch, we cycle the last few kilometres to the bay of Enfola.

## **6th Day** Marciana Marina – Marina di Campo (aprx. 30 km/700 Hm)

Today the queen's stage awaits us! We cycle over the island, visiting the mountain village of Marciana along the way before reaching the highest point of the tour at Monte Perone. From here we are rewarded with a wonderful descent to the village of San Piero in Campo, where we can enjoy a delicious lunch with a view of our ship. Once back on the ship there is plenty of time for a refreshing swim directly from the boat. Afterwards, the sails are set, and we head for Isola Giglio, an island located in the very south of the Tuscan Archipelago. This Italian jewel is home to mountains, forest,

untouched nature, and crystal-clear sea!

### **7th Day** Island Giglio – Porto St. Stefano (aprx. 15 km/400 Hm)

We begin our cycling tour in Campese on the west of the island. The destination for today is the medieval town of Giglio Castello, enthroned like an impregnable castle high up on the island of Giglio. A quick descent takes us down to Giglio Porto. On the crossing to Porto St. Stefano, let the sea air blow around your nose again and review an eventful week of sailing and cycling. Your trip ends in an atmospheric way during the last evening on board.

### **8th Day** Porto St. Stefano (Disembarkation)

Departure at 9 am after breakfast followed either by an extended stay in Tuscany or an individual journey home.



## Atlantis · Premium Class

### Port of Embarkation

from Copenhagen

### Size

57 m x 7.45 m

### Capacity

16 cabins, 32 beds

## Special Features

### Year of construction

1905 – last reconstruction: 2005

### Cabin features

A/C, central heating, bathroom, shower, washbasin and WC

### Beds

2 ground level twin beds per cabin

### Service

mid-week towel change and basic tidy

### Extras

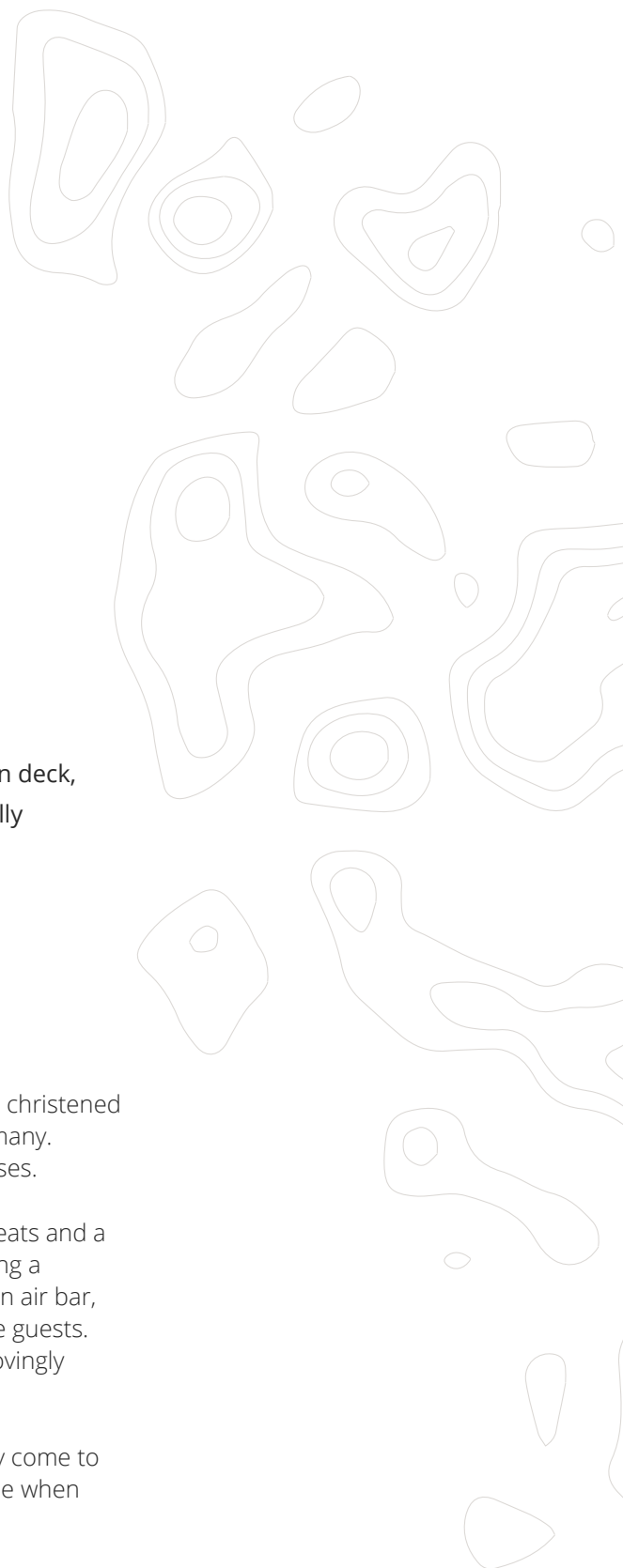
3 masts with sails (750 m<sup>2</sup> sail surface), quiet generator, sun recliners on deck, large tables and benches on deck, spacious and comfortable saloon, fully functional sailing boat

## Atlantis

The Atlantis is a guaranteed eye catcher in every harbor. Built in 1905 and christened Elbe 2, the Atlantis served faithfully as a light vessel in the North Sea, Germany. Afterwards she was elaborately restored as a tallship for passenger cruises.

The renovation featured a classy salon, a spacious upper deck including seats and a cocktail bar as well as 16 comfortable air conditioned guest cabins including a shower and WC. A true highlight and centerpiece of the Atlantis is the open air bar, where the dedicated crew conjure creative beverages and cocktails for the guests. Mealtimes are typically served on deck, as there is nothing better than a lovingly prepared dinner outdoors on a Tallship at sunset.

The unique charm and atmosphere on board this incredible tall ship really come to life through the lively character of the crew. Their smiles are especially wide when eager guests show interest in taking part in the setting of sails.



# Dates, Prices & Services

## Included services

- 8-day-trip on a tallship with crew
- 7 nights on a tallship in a standard twin cabin with shower/toilet
- 7 x halfboard
- Guided or individual cycling tours as described in itinerary
- Bed linen and towel (incl. change of towel once a week)
- English and German speaking tour guide

## Not included in the basic tour price 2026

- Journey to Porto St. Stefano (Monte Argentario Peninsula)
- Beverages on board (tally sheet, to be paid to the captain)
- Meals and beverages ashore
- Entrances not mentioned in the itinerary
- Tips for tour guides and crew
- Safe, long-term parking place (price available on request)

## Prices for Additional Optional Services 2026

Single cabin (limited)	50% surcharge (on the basic tour price)
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Rental bike with Ortlieb pannier (limited)	Gravel Bike:200 euro/week E-bike: 252 euro/week
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Insurance against theft and damage of the rental bike (Not insured: grossly negligent damages)	E-Bike / Gravelbike:28 euro/week
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Special dietary requests (lactose free / gluten free / vegan)	70 euro per person (payment on board)
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## Discounts

- Children up to the age of 16 receive a discount of 200 euro on the tour base price (double occupancy, not combinable with other discounts). When travelling with children, we recommend our Multi-Adventure Tours in Greece and Croatia which are specifically curated for families and offer family-friendly pricing.
- If this is your second Islandhopping tour booked directly with us, you will receive our Welcome-back-discount of 3% on the basic tour price.
- If this is your third or more Islandhopping tour booked directly with us, you will receive our Loyalty-discount of 5% on the basic tour price.

# Dates

Date	Accommodation	Start City	End City	Base Price
22.09.2026 – 29.09.2026	Atlantis	Port Santo Stefano	Port Santo Stefano	2.449,00 €
15.09.2026 – 22.09.2026	Atlantis	Port Santo Stefano	Port Santo Stefano	2.449,00 €
06.10.2026 – 13.10.2026	Atlantis	Port Santo Stefano	Port Santo Stefano	2.449,00 €
29.09.2026 – 06.10.2026	Atlantis	Port Santo Stefano	Port Santo Stefano	2.449,00 €
13.10.2026 – 20.10.2026	Atlantis	Port Santo Stefano	Port Santo Stefano	2.199,00 €

# Arrival

## Port of embarkation – Porto St. Stefano

The embarkation harbour for our Highlights Tuscany tours is Porto St. Stefano. Boarding the boat takes place at 6 pm. Should you arrive earlier, you are welcome to leave your luggage on board from 2 pm onwards.

With a short stroll through the medieval old town, painted in a wash of pink and beige, you will quickly realize that you are now on holiday.

## Arrival by plane

Arrival by plane is the fastest, cheapest and most comfortable way to travel to Italy. Porto Santo Stefano is connected with following airports:

- Airport Rome Fiumicino (FCO): 118 Km
- Airport Pisa (PSA): 202 km.

Your flight can be organized once we have confirmed that your journey is taking place.

## Airport Rom Fiumicino (FCO) – Porto Santo Stefano

### Option A

Flixbus from Airport FCO to Grossetto aprx. 2:10 h, continue by train to Orbetello aprx. 40 min: [More Details](#)

and then per local bus from Orbetello – Porto St. Stefano aprx. 20 min: [More Details](#)

### Option B

Train from Airport FCO to Roma Termini 32 min (10-15 euros): [More Details](#)

Bus from Airport to Roma Termini 45 min (4-5 euros): [More Details](#)

Shuttle from Airport to Roma Termini 1 h (6-8 euros): [More Details](#)

- continue by train to Orbetello 2 h (10 – 25 euros)
- continue by local bus from Orbetello – Porto St. Stefano aprx. 20 min [More Details](#)

### Option C

By private transfer: from 250 euros/car/one way, approx. 2 hours travel time: [More Details](#)



## Airport Pisa (PSA) – Porto Santo Stefano

By public transport:

Shuttle train from Airport PSA to Pisa Centrale 5 min (from 1,10 euros), between 6.53 a.m. and 9.03 p.m.: [More Details](#)

– continue by train from Pisa Centrale to Orbetello (Monte Argentario): approx. 2 hours, from 16,10 euros: [More Details](#)

– continue by local bus from Orbetello – Porto St. Stefano approx. 20 min: [More Details](#)

By private transfer:

from 250 euros/car/one way, aprx. 2 hours travel time: [More Details](#)

Please note: All fare prices are on a 2018th basis. All information is supplied without guarantee.